

Jack's Family:

Setting: Jack's Home

Characters: Jack, Sarah (sister),
Ellie (sister), Mum



"I live with my mum and two sisters - they are the most important thing to me. I get on really well with my 15 year-old sister Sarah who was born with cerebral palsy. This means that she has difficulties walking and talking and needs a wheelchair. I enjoy helping to look after Sarah because it's fun. There are times when Sarah has to go into hospital and I worry about her and I think about what her life will be like in the future.

My mum has a disease which affects her bones, so it's sometimes difficult for her to go up and down the stairs and do things around the house. I always like to help my mum when I am able to."



Jack's Responsibilities:

Setting: Jack's Home

Characters: Jack, Sarah (sister), Mum



"I have to prepare Sarah's milk in the morning before school and I now help feed her through her feeding tube. As I get bigger, I am learning the best way to lift her so I can help to move her from her wheelchair to other places.

I try to help mum around the house, by doing the laundry and sometimes making salad for tea."



Jack At The Ormiston Fenland Young Carers Project:

Setting: Ormiston Fenland Young Carers Project

Characters: Jack, project worker, kids at the project



"There are about 12 of us in my group and we all have to help look after someone in our family who needs special care. It's a really fun place to come and we do loads of different activities.

Sometimes we use the ball pit, make little pirate ships out of food and play football, which is my favourite hobby! We can also talk to the project workers when something's made us sad or worried.

Some people don't understand what it's like to have a person close to you who needs looking after every day. You don't always get to join in with activities your friends are doing. Luckily, all my friends know about Sarah and they like playing with her as much as I do."